



Thank you for your interest in the Sunset Invitational, hosted by Convent & Stuart Hall High Schools! Our emphasis is on competitive opportunities for individual athletes, either for developing skill and fitness or for achieving qualifying marks for meets later in the season. The number of events is limited to keep the meet efficient and short, but entries are (mostly) unlimited to maximize participation.

### **Basic information**

Date: Friday, March 3, 2023

Location: Kezar Stadium (670 Kezar Drive, San Francisco, CA 94118)

Start time: 4:00 PM

Sunset: 6:05 PM

Estimated finish time: 9:00 PM

### **Events**

#### On the track (and in this order)

1600

400

100

800

200

#### In the field

Long jump

Triple jump

Discus

Shot put

Pole vault

## Entries

Please submit entries via MileSplit at <https://ca.milesplit.com>.

- Entries open at 9:00 AM on Monday, February 6, 2023.
- Entries close at 11:59 PM on Wednesday, March 1, 2023.

Track entries are unlimited, but field entries are limited as follows:

### Discus

- Two girls and two boys per school;
- Entries are capped at the first 20 boys and 20 girls entered due to limited daylight;
- Three trials per athlete and no finals.
- We'll do our best to finish the discus competition, but will prioritize safety and adequate daylight.

### Long jump, triple jump, and shot put

- Four girls and four boys per school;
- Entries are capped at the first 60 boys and 60 girls entered in each event;
- Three trials per athlete and no finals.

### Pole vault

- Three girls and three boys per school;
- Entries may be capped to ensure safety and timely completion of the event. If capping is necessary, entries will be accepted on a first in, first served basis.

## Fees

Fees are \$15.00 per individual with a \$450.00 maximum per team. Please make your check payable to "Schools of the Sacred Heart San Francisco" and mail it in advance to:

Stuart Hall High School  
Attention: Mike Buckley  
1715 Octavia St.  
San Francisco, CA 94109

## Timing

Fully automatic timing is provided by Record Timing ([www.rttimingsolutions.com](http://www.rttimingsolutions.com)).

## Seeding and awards

Heats on the track are seeded from slowest to fastest. Likewise, flights on the field are seeded from lowest to highest mark. The three top-performing boys and girls in each event, regardless of the heat or flight in which they compete, earn medals.

## How to reach us

For more information, please visit our website at [www.sunsetinvitational.com](http://www.sunsetinvitational.com) or contact the meet director at [michael.buckley@sacredsf.org](mailto:michael.buckley@sacredsf.org).