



Thank you for your interest in the Sunset Invitational, hosted by Convent and Stuart Hall High Schools! Our emphasis is on competitive opportunities for individual athletes, either for developing skill and fitness or for achieving qualifying marks for meets later in the season. The number of events is limited to keep the meet efficient and short, but entries are (mostly) unlimited to maximize participation.

This version of the meet bulletin is dated Monday, January 8, 2018, and includes changes to the administration of the throwing events. They're highlighted in yellow below.

Basic information

Date: Friday, March 2, 2018

Location: Kezar Stadium (670 Kezar Drive, San Francisco, CA 94118)

Start time: 4:00 PM

Sunset: 6:04 PM

Estimated finish time: 8:30 PM

Events

On the track (and in this order)

1600

400

100

800

200

In the field

Long jump

Triple jump

Discus

Shot put

Entries

Please submit entries via DirectAthletics at www.directathletics.com.

- Entries open at 12:01 AM on Monday, February 5, 2018.
- Entries close at 11:59 PM on Tuesday, February 27, 2018.

Track entries are unlimited, but field entries are limited as follows:

Discus

- Two girls and two boys per school;
- Entries are capped at the first 30 boys and 30 girls entered due to limited daylight;
- Three trials per athlete and no finals.

Long jump, triple jump, and shot put

- Four girls and four boys per school;
- Entries are capped at the first 60 boys and 60 girls entered in each event;
- Three trials per athlete and no finals.

Weighing and impounding throwing implements

In 2018, we are weighing and impounding throwing implements. Only implements that meet the following standard weights can be used in either warm-up or competition:

Discus

- Boys: 1.6 kg or 3.53 lbs
- Girls: 1 kg or 2.20 lbs

Shot

- Boys: 12 lbs
- Girls: 4 kg or 8.82 lbs

Fees

Fees are \$15.00 per individual with a \$225.00 maximum per gender. (For example, a coed team with 25 boys and 10 girls would owe \$375.00. Check out the entry fees worksheet, which is attached to this flyer.) Please make your check payable to "Schools of the Sacred Heart San Francisco" and mail it in advance to:

Stuart Hall High School
 Attention: Mike Buckley
 1715 Octavia St.
 San Francisco, CA 94109

Timing

Fully automatic timing is provided by Record Timing (www.recordtiming.com).

Seeding and awards

Heats on the track are seeded from slowest to fastest. Likewise, flights on the field are seeded from lowest to highest mark. The three top-performing boys and girls in each event, regardless of the heat or flight in which they compete, earn medals.

How to reach us

For more information, please visit our website at www.sunsetinvitational.com or contact the meet director at michael.buckley@sacredsf.org.

Entry fees worksheet

Number of boys entered	<input type="text"/>	X \$15.00 =	<input type="text"/>	*\$225.00 maximum applies
Number of girls entered	<input type="text"/>	X \$15.00 =	<input type="text"/>	*\$225.00 maximum applies
		Total	<input style="border: 2px solid black;" type="text"/>	